



# BSEP Fall Catalog

## Fall Semester 2017

October 2<sup>nd</sup> to November 30<sup>th</sup>

- 1.) **Go to:** <http://www.healthcarefutures.org/>
- 2.) **Read the course descriptions and schedule in catalog** (click on [Link to Current Catalog](#) on lower left side to see catalog.)
- 3.) **Choose a course. Some courses require prerequisites. Read the prerequisites to determine your course eligibility.**
- 4.) **Return to <http://www.healthcarefutures.org/> and fill out the enrollment form. One course per student.**
- 5.) **Questions? Email:** [mybsep.baystate@gmail.com](mailto:mybsep.baystate@gmail.com)  
**or Call:** Kianny Ramos-Monserrate, 413-794-4120;  
Kelly Lamas 413-794-2087 or Peter Blain 413-794-1671.

# BSEP Class Schedule Fall 2017

*All classes meet at the Chestnut Conference Center  
at Baystate Medical Center unless otherwise specified*

<b>Class</b>	<b>Dates</b>	<b>Location</b>
<b><i>Your Career Plan</i></b>  <b>Mondays</b> <b>4:00 – 5:30PM</b>	Oct 2 <sup>nd</sup>	Health Sciences Library
	Oct 16 <sup>th</sup>	Health Sciences Library
	Oct 23 <sup>rd</sup>	Chestnut 3
	Oct 30 <sup>th</sup>	Health Sciences Library
	Nov 6 <sup>th</sup>	Chestnut 3
	Nov 13 <sup>th</sup>	Health Sciences Library
	Nov 20 <sup>th</sup>	Health Sciences Library
	Nov 27 <sup>th</sup>	Health Sciences Library
<b><i>Career Exploration: Allied Health</i></b>  <b>Tuesdays</b> <b>4:00 – 5:30PM</b>	Oct 3 <sup>rd</sup>	Chestnut 5
	Oct 10 <sup>th</sup>	Chestnut 2
	Oct 17 <sup>th</sup>	MassMutual 3
	Oct 24 <sup>th</sup>	Chestnut 5
	Oct 31 <sup>st</sup>	Chestnut 5
	Nov 14 <sup>th</sup>	Chestnut 5
	Nov 21 <sup>st</sup>	Chestnut 5
	Nov 28 <sup>th</sup>	Chestnut 5
<b><i>Teen Mini-Medical School</i></b>  <b>Tuesdays</b> <b>6:00 – 7:30PM</b>	Oct 3 <sup>rd</sup>	Chestnut 5
	Oct 10 <sup>th</sup>	Chestnut 2
	Oct 17 <sup>th</sup>	Chestnut 5
	Oct 24 <sup>th</sup>	Chestnut 5
	Oct 31 <sup>st</sup>	Chestnut 5
	Nov 14 <sup>th</sup>	Chestnut 5
	Nov 21 <sup>st</sup>	Chestnut 5
	Nov 28 <sup>th</sup>	Chestnut 5
<b><i>Career Exploration: Nursing</i></b>  <b>Wednesdays</b> <b>4:00 – 5:30PM</b>	Oct 4 <sup>th</sup>	Chestnut 5
	Oct 11 <sup>th</sup>	Chestnut 2
	Oct 18 <sup>th</sup>	Chestnut 2
	Oct 25 <sup>th</sup>	Chestnut 4
	Nov 1 <sup>st</sup>	Chestnut 2
	Nov 8 <sup>th</sup>	Chestnut 2
	Nov 15 <sup>th</sup>	Chestnut 2
	Nov 29 <sup>th</sup>	Chestnut 2

<p><b><i>Patient Care Skills: Nursing II</i></b></p> <p><b>Thursdays 4:00 – 5:30PM</b></p>	<p>Oct 5<sup>th</sup> Oct 12<sup>th</sup> Oct 19<sup>th</sup> Oct 26<sup>th</sup> Nov 2<sup>nd</sup> Nov 9<sup>th</sup> Nov 16<sup>th</sup> Nov 30<sup>th</sup></p>	<p>Chestnut 5 Chestnut 4 Chestnut 5 Chestnut 4 Chestnut 2 Chestnut 4 Chestnut 2 Chestnut 2</p>
<p><b><i>Opioid Crisis: State of Emergency</i></b></p> <p><b>Thursdays 6:00 – 7:30PM</b></p>	<p>Oct 5<sup>th</sup> Oct 12<sup>th</sup> Oct 19<sup>th</sup> Oct 26<sup>th</sup> Nov 2<sup>nd</sup> Nov 9<sup>th</sup> Nov 16<sup>th</sup> Nov 30<sup>th</sup></p>	<p>Chestnut 5 Chestnut 5 Chestnut 5 Chestnut 2 Chestnut 2 Chestnut 2 Chestnut 2</p>
<p><b>Job Mentoring</b></p> <p><b>3:30 – 4:30PM</b></p>	<p>Sept 14<sup>th</sup> Oct 5<sup>th</sup></p> <p><i>Remaining schedule is student/area specific</i></p>	<p>Chestnut 3 Chestnut 3</p>

# BSEP Fall 2017

## Course Descriptions

### **Career Exploration Courses (Level 1)**

Career exploration (CE) courses are offered to allow students the opportunity to explore the diverse range of careers available within the health and biomedical sciences. CE courses provide students with knowledge of a wide variety of health related fields by creating career connections with health care professionals. Enrollment in a CE course is **required** for all first time BSEP students. At the end of the course, students will participate in a culminating experience building presentation skills and sharing their envisioned future within health care.

#### ***Career Exploration: Allied Health***

In this course, students will examine a sports-related concussion through the lens of various allied health professions. While learning the steps to assess, evaluate and treat a concussion, students will investigate the various career opportunities available within allied health. This course will also give students an opportunity to learn about typical activities in various jobs and help them to identify potential careers that match their interests, strengths and goals. Representatives from a range of professions will offer firsthand information on career choices students can explore such as: phlebotomy, imaging/ radiology, physician assistant, clinical rehabilitation and EMTs.

**All high school grades**

*\*\*Students who have interests in careers not listed should enroll and we will make efforts to create an exploration experience that matches that interest\*\**

#### ***Career Exploration: Nursing***

BSEP Nursing offers students the opportunity to explore a career in the field of nursing. Practicing nurses from varying nursing disciplines will talk to BSEP students about their nursing education, career choice and the day to day responsibilities in the field. Students will gain a broader understanding of the typical skills required of a nurse, explore the educational pathway to a nursing degree and speak to a group of current nursing students about their experiences.

**All high school grades**

#### ***Teen Mini-Medical School (TMMS)***

TMMS offers students direct interaction with physicians through the presentation of medical procedures and treatment planning. The theme of TMMS for the Fall of 2017 is *Teens & Medicine: Bridging the Gap*. This semester's course will provide students the opportunity to hear about the medical specialties as it relates to teen health. Students will participate in case discussions, simulation activities and tour the hospital. The course gives an experience of the medical processes of care as well as important insights into the career path of physicians.

**For 10<sup>th</sup> graders who have participated in BSEP. 11<sup>th</sup> and 12<sup>th</sup> can be first time students**

# BSEP Fall 2017

## Course Descriptions

### Career Development Courses (Level 2)

After taking at least **two** Career Exploration courses, BSEP students are encouraged to enroll in one of the courses below. The goals of these courses are to provide students with an opportunity to develop an understanding of college and career planning, and to gain experience observing a specific career pathway.

#### ***Your Career Plan***

Preparing for college can be complicated and confusing for high school students and their parents. One of the most common problem students have is that the focus on the idea of entering health care and not the steps to get there. This program is designed to help you plan out your career goals and pathway to college. Using a number of different on-line tools and other resources, this course guides you through a planning process that supports aspirations to enter a health care career.

**Grades 11 -12 only**

**Prerequisite: Two Exploration Courses**

#### ***Job Mentoring: Medicine, Nursing, and Allied Health***

Job mentoring is a work experience course where students learn about a job by walking through the work day as a "shadow" to a practicing health care professional. The job mentoring experience is a temporary, unpaid exposure to the hospital environment in an occupational area of interest to the student. Students observe firsthand the work environment, employability and occupational skills in practice, the value of professional training and potential career options. Job shadowing is designed to increase career awareness, help model student behavior through examples and reinforce the link between classroom learning and work requirements.

**Grades 11 -12 only**

**Prerequisite: Two Exploration Courses**

**\*\*Job mentoring placement slots is based on student interests and availability of Baystate healthcare professionals\*\***

#### ***Patient Care Skills – Nursing II***

In this course, students will advance their understanding of nursing through the exploration of case studies and introduction to more advance skills. This course will use simulation to a greater degree, including a field trip to the new HCC simulation center. It will also expose students to certain nursing skills beyond basic vital signs.

**Grades 11 -12 only**

**Prerequisite: Nursing I or TMMS**

#### ***Opioid Crisis: State of Emergency***

In this workshop, students will be taught the risks, benefits, and effects of opioid pain medications. Through presentations on the continuum of care from overdosing to treatment, students will learn the pathophysiology of overdosing and the health care professionals involved. Students will learn ways to advocate for appropriate and safe pain management, gain a preventative outlook on opioid addiction and how to talk to their peers about opioids.

**Grades 10 -12**

***You must complete an enrollment form. Go to the BSEP webpage and fill out your course enrollment form.***