



BSEP Fall Catalog

Fall Semester 2017

October 2nd to November 30th

- 1.) **Go to:** <http://www.healthcarefutures.org/>
- 2.) **Read the course descriptions and schedule in catalog** (click on [Link to Current Catalog](#) on lower left side to see catalog.)
- 3.) **Choose a course. Some courses require prerequisites. Read the prerequisites to determine your course eligibility.**
- 4.) **Return to <http://www.healthcarefutures.org/> and fill out the enrollment form. One course per student.**
- 5.) **Questions? Email:** mybsep.baystate@gmail.com
or Call: Kianny Ramos-Monserrate, 413-794-4120;
Kelly Lamas 413-794-2087 or Peter Blain 413-794-1671.

BSEP Class Schedule Fall 2017

*All classes meet at the Chestnut Conference Center
at Baystate Medical Center unless otherwise specified*

Class	Dates	Location
<i>Your Career Plan</i> Mondays 4:00 – 5:30PM	Oct 2 nd	Health Sciences Library
	Oct 16 th	Health Sciences Library
	Oct 23 rd	Chestnut 3
	Oct 30 th	Health Sciences Library
	Nov 6 th	Chestnut 3
	Nov 13 th	Health Sciences Library
	Nov 20 th	Health Sciences Library
	Nov 27 th	Health Sciences Library
<i>Career Exploration: Allied Health</i> Tuesdays 4:00 – 5:30PM	Oct 3 rd	Chestnut 5
	Oct 10 th	Chestnut 2
	Oct 17 th	MassMutual 3
	Oct 24 th	Chestnut 5
	Oct 31 st	Chestnut 5
	Nov 14 th	Chestnut 5
	Nov 21 st	Chestnut 5
Nov 28 th	Chestnut 5	
<i>Teen Mini-Medical School</i> Tuesdays 6:00 – 7:30PM	Oct 3 rd	Chestnut 5
	Oct 10 th	Chestnut 2
	Oct 17 th	Chestnut 5
	Oct 24 th	Chestnut 5
	Oct 31 st	Chestnut 5
	Nov 14 th	Chestnut 5
	Nov 21 st	Chestnut 5
Nov 28 th	Chestnut 5	
<i>Career Exploration: Nursing</i> Wednesdays 4:00 – 5:30PM	Oct 4 th	Chestnut 5
	Oct 11 th	Chestnut 2
	Oct 18 th	Chestnut 2
	Oct 25 th	Chestnut 4
	Nov 1 st	Chestnut 2
	Nov 8 th	Chestnut 2
	Nov 15 th	Chestnut 2
Nov 29 th	Chestnut 2	

Patient Care Skills: Nursing II Thursdays 4:00 – 5:30PM	Oct 5 th Oct 12 th Oct 19 th Oct 26 th Nov 2 nd Nov 9 th Nov 16 th Nov 30 th	Chestnut 5 Chestnut 4 Chestnut 5 Chestnut 4 Chestnut 2 Chestnut 4 Chestnut 2 Chestnut 2
Opioid Crisis: State of Emergency Thursdays 6:00 – 7:30PM	Oct 5 th Oct 12 th Oct 19 th Oct 26 th Nov 2 nd Nov 9 th Nov 16 th Nov 30 th	Chestnut 5 Chestnut 5 Chestnut 5 Chestnut 2 Chestnut 2 Chestnut 2 Chestnut 2 Chestnut 2
Job Mentoring 3:30 – 4:30PM	Sept 14 th Oct 5 th <i>Remaining schedule is student/area specific</i>	Chestnut 3 Chestnut 3

BSEP Fall 2017

Course Descriptions

Career Exploration Courses (Level 1)

Career exploration (CE) courses are offered to allow students the opportunity to explore the diverse range of careers available within the health and biomedical sciences. CE courses provide students with knowledge of a wide variety of health related fields by creating career connections with health care professionals. Enrollment in a CE course is **required** for all first time BSEP students. At the end of the course, students will participate in a culminating experience building presentation skills and sharing their envisioned future within health care.

Career Exploration: Allied Health

In this course, students will examine a sports-related concussion through the lens of various allied health professions. While learning the steps to assess, evaluate and treat a concussion, students will investigate the various career opportunities available within allied health. This course will also give students an opportunity to learn about typical activities in various jobs and help them to identify potential careers that match their interests, strengths and goals. Representatives from a range of professions will offer firsthand information on career choices students can explore such as: phlebotomy, imaging/ radiology, physician assistant, clinical rehabilitation and EMTs.

All high school grades

Students who have interests in careers not listed should enroll and we will make efforts to create an exploration experience that matches that interest

Career Exploration: Nursing

BSEP Nursing offers students the opportunity to explore a career in the field of nursing. Practicing nurses from varying nursing disciplines will talk to BSEP students about their nursing education, career choice and the day to day responsibilities in the field. Students will gain a broader understanding of the typical skills required of a nurse, explore the educational pathway to a nursing degree and speak to a group of current nursing students about their experiences.

All high school grades

Teen Mini-Medical School (TMMS)

TMMS offers students direct interaction with physicians through the presentation of medical procedures and treatment planning. The theme of TMMS for the Fall of 2017 is *Teens & Medicine: Bridging the Gap*. This semester's course will provide students the opportunity to hear about the medical specialties as it relates to teen health. Students will participate in case discussions, simulation activities and tour the hospital. The course gives an experience of the medical processes of care as well as important insights into the career path of physicians.

For 10th graders who have participated in BSEP. 11th and 12th can be first time students

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Course Descriptions

Career Development Courses (Level 2)

After taking at least **two** Career Exploration courses, BSEP students are encouraged to enroll in one of the courses below. The goals of these courses are to provide students with an opportunity to develop an understanding of college and career planning, and to gain experience observing a specific career pathway.

Your Career Plan

Preparing for college can be complicated and confusing for high school students and their parents. One of the most common problem students have is that the focus on the idea of entering health care and not the steps to get there. This program is designed to help you plan out your career goals and pathway to college. Using a number of different on-line tools and other resources, this course guides you through a planning process that supports aspirations to enter a health care career.

Grades 11 -12 only

Prerequisite: Two Exploration Courses

Job Mentoring: Medicine, Nursing, and Allied Health

Job mentoring is a work experience course where students learn about a job by walking through the work day as a "shadow" to a practicing health care professional. The job mentoring experience is a temporary, unpaid exposure to the hospital environment in an occupational area of interest to the student. Students observe firsthand the work environment, employability and occupational skills in practice, the value of professional training and potential career options. Job shadowing is designed to increase career awareness, help model student behavior through examples and reinforce the link between classroom learning and work requirements.

Grades 11 -12 only

Prerequisite: Two Exploration Courses

****Job mentoring placement slots is based on student interests and availability of Baystate healthcare professionals****

Opioid Crisis: State of Emergency

In this workshop, students will be taught the risks, benefits, and effects of opioid pain medications. Through presentations on the continuum of care from overdosing to treatment, students will learn the pathophysiology of overdosing and the health care professionals involved. Students will learn ways to advocate for appropriate and safe pain management, gain a preventative outlook on opioid addiction and how to talk to their peers about opioids.

Grades 10 -12

You must complete an enrollment form. Go to the BSEP webpage and fill out your course enrollment form.