



BSEP Winter/Spring Catalog

Spring Semester 2018

- 1.) Go to: <http://www.healthcarefutures.org/>
- 2.) Read the course descriptions and schedule in catalog (click on [Link to Current Catalog](#) on lower left side to see catalog.)
- 3.) Choose a course. Some courses require prerequisites. Read the prerequisites to determine your course eligibility.
- 4.) Return to <http://www.healthcarefutures.org/> and fill out the enrollment form. One course per student.
- 5.) Questions? Email: mybsep.baystate@gmail.com or Call: Kianny Ramos-Monserrate, 413-794-4120; Kelly Lamas 413-794-2087 or Peter Blain 413-794-1671.

BSEP Class Schedule Winter/Spring 2018

*All classes meet at the Chestnut Conference Center
at Baystate Medical Center unless otherwise specified*

Class	Dates	Location
Your Career Plan Mondays 4:00 – 5:30PM	Jan 29 th	Chestnut 5
	Feb 5 th	Chestnut 5
	Feb 12 th	Chestnut 2
	Feb 26 th	Chestnut 2
	March 5 th	Chestnut 2
	March 12 th	Chestnut 2
	March 19 th	Chestnut 3
	March 26 th	Chestnut 2
Health Prevention & Promotion Mondays 6:00 – 7:30PM	Jan 29 th	Chestnut 5
	Feb 5 th	Chestnut 5
	Feb 12 th	Chestnut 2
	Feb 26 th	Chestnut 2
	March 5 th	Chestnut 2
	March 12 th	Chestnut 2
	March 19 th	Chestnut 3
	March 26 th	Chestnut 2
Career Exploration: Allied Health Tuesdays 4:00 – 5:30PM	Jan 30 th	Chestnut 5
	Feb 6 th	Chestnut 2
	Feb 13 th	Chestnut 5
	Feb 27 th	Chestnut 5
	March 6 th	Chestnut 4
	March 13 th	Chestnut 4
	March 20 th	Chestnut 5
	March 27 th	Chestnut 5
Career Exploration: Interdisciplinary Tuesdays 6:00 – 7:30PM	Jan 30 th	Chestnut 5
	Feb 6 th	Chestnut 2
	Feb 13 th	Chestnut 5
	Feb 27 th	Chestnut 5
	March 6 th	Chestnut 4
	March 13 th	Chestnut 4
	March 20 th	Chestnut 5
	March 27 th	Chestnut 5

* As of 12/15/17

<i>Baystate Work Readiness</i> Wednesdays 4:00 – 5:30PM	Jan 31 st Feb 7 th Feb 14 th Feb 28 th March 7 th March 14 th March 21 st March 28 th	Chestnut 5 Chestnut 2 Chestnut 4 Chestnut 4 Chestnut 2 Chestnut 4 Chestnut 5 Chestnut 4
<i>Career Exploration: Nursing</i> Wednesdays 6:00 – 7:30PM	Jan 31 st Feb 7 th Feb 14 th Feb 28 th March 7 th March 14 th March 21 st March 28 th	Chestnut 5 Chestnut 2 Chestnut 4 Chestnut 4 Chestnut 2 Chestnut 4 Chestnut 5 Chestnut 4
<i>Patient Care Skills</i> Thursdays 4:00 – 5:30PM	Feb 1 st Feb 8 th Feb 15 th Mar 1 st Mar 8 th March 15 th March 22 nd March 29 th	Chestnut 3 Chestnut 5 Chestnut 2 Chestnut 2 Chestnut 5 Chestnut 2 Chestnut 5 Chestnut 2
<i>Teen Mini-Medical School</i> Thursdays 6:00 – 7:30PM	Feb 1 st Feb 8 th Feb 15 th Mar 1 st Mar 8 th March 15 th March 22 nd March 29 th	Chestnut 3 Chestnut 5 Chestnut 2 Chestnut 2 Chestnut 5 Chestnut 2 Chestnut 5 Chestnut 2
Job Mentoring 3:30 – 5:30PM	Jan 18th Feb 1st <i>Remaining schedule is student/area specific</i>	TBD

* As of 12/15/17

BSEP Course Descriptions

Winter/Spring 2018

Career Exploration Courses (Level 1)

Career exploration (CE) courses are offered to allow students the opportunity to explore the diverse range of careers available within the health and biomedical sciences. CE courses provide students with knowledge of a wide variety of health related fields by creating career connections with health care professionals. Enrollment in a CE course is **required** for all first time BSEP students. At the end of the course, students will participate in a culminating experience building presentation skills and sharing their envisioned future within health care.

Career Exploration: Allied Health

In this course, students will have the opportunity to learn about typical activities in various allied health professions and help them to identify potential careers that match their interests, strengths and goals. Representatives from a range of professions will offer firsthand information on career choices students can explore such as: phlebotomy, imaging/ radiology, physician assistant, clinical rehabilitation and EMTs.

All high school grades

Career Exploration: Interdisciplinary Health

Interdisciplinary is a new BSEP career exploration course that was created in response to an increase in student interest. Interdisciplinary exploration intersects medicine, nursing, allied health and public health and medicine by examining health promotion and prevention at the community level. This course exposes students to non-traditional health care careers.

All high school grades

Career Exploration: Nursing

BSEP Nursing offers students the opportunity to explore a career in the field of nursing. Practicing nurses from varying nursing disciplines will talk to BSEP students about their nursing education, career choice and the day to day responsibilities in the field. Students will gain a broader understanding of the typical skills required of a nurse, explore the educational pathway to a nursing degree and speak to a group of current nursing students about their experiences.

All high school grades

Teen Mini-Medical School (TMMS)

TMMS offers students direct interaction with physicians through the presentation of medical procedures and treatment planning. Students will participate in case discussions, simulation activities and tour the hospital as it relates to various medical specialties. The course gives an experience of the medical processes of care as well as important insights into the career path of physicians.

For 10th graders who have participated in BSEP. 11th and 12th can be first time students.

BSEP Course Descriptions

Winter/Spring 2017

Career Development Courses (Level 2)

After taking at least **two** Career Exploration courses, BSEP students are encouraged to enroll in one of the courses below. The goals of these courses are to provide students with an opportunity to develop an understanding of college and career planning, and to gain experience observing a specific career pathway.

Your Career Plan

Preparing for college can be complicated and confusing for high school students and their parents. One of the most common problem students have is that the focus on the idea of entering health care and not the steps to get there. This program is designed to help you plan out your career goals and pathway to college. Using a number of different on-line tools and other resources, this course guides you through a planning process that supports aspirations to enter a health care career.

Grades 11 -12 only

Prerequisite: Two Exploration Courses

Health Prevention and Promotion

The role of the health care professional is continually evolving. The diverse factors that affect individual health go beyond patient-physician interaction. Following national trends, the role of the public health professional (PHP) and community health worker (CHW) are now at the forefront of disease prevention. In this course, students develop facilitation, leadership and communication skills in relation to a current public health problem. They will learn how to educate people on promoting and advocating for a healthy lifestyle.

Grades 11 -12 only

Prerequisite: Two Exploration Courses

Patient Care Skills

Patient care skills go beyond the technical skills required to treat a patient. In this course, students will advance their understanding of the role of the health care professional through the exploration of case studies and an introduction to more advance patient care skills as it relates to bedside manner. Students will get the opportunity to utilize these learned skills by participating in the Baystate simulation lab.

Grades 11 -12 only

Prerequisite: Nursing I or TMMS

Job Mentoring: Medicine, Nursing, and Allied Health

Job mentoring is a work experience course where students learn about a job by walking through the work day as a "shadow" to a practicing health care professional. The job mentoring experience is a temporary, unpaid exposure to the hospital environment in an occupational area of interest to the student. Students observe firsthand the work environment, employability and occupational skills in practice, the value of professional training and potential career options. Job shadowing is designed to increase career awareness, help model student behavior through examples and reinforce the link between classroom learning and work requirements.

Grades 11 -12 only

Prerequisite: Two Exploration Courses

****Job mentoring placement slots is based on student interests and availability of Baystate healthcare professionals****

Career Preparation Courses (Level 3)

These courses are transition courses as the student prepares to leave high school. The courses primarily focus on how to approach getting “a foot in the door” of the health care employment world. It is the hope of the BSEP program that students are targeting post-secondary education, but we realize that employment is desired.

Baystate Work Readiness and Basic Skills

The Baystate Work Readiness and Basic Skills course is an opportunity for returning BSEP students to obtain job readiness skills as well as specific training related to an entry level position in health care. As a past BSEP participant, your role has been as a student, exploring careers and learning new skills. This course begins the process of transitioning you out of that role and into the role of an employee. The expectations and practices are different than those of a student, and this course covers information about the transition that will help students be successful should they obtain an internship. Internships are not guaranteed and are limited in number.

Graduating 12th graders only

Prerequisite: Level II BSEP course

*****Mandatory for the Summer Internship Program – BSEP Intern positions limited to Springfield residents*****

You must complete an enrollment form. Go to the BSEP webpage and fill out your course enrollment form.